



The Arc

Mississippi

HCBS and the Final Rule



MSCDD

**MISSISSIPPI COUNCIL
ON
DEVELOPMENTAL DISABILITIES**

2020



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What are home and community based services (HCBS)?

Medicaid is a health care program. Medicaid helps people get health care if they do not have a lot of money. Lots of people with disabilities use Medicaid.

Medicaid pays providers to provide you with a service. Providers are people or places that offer health care or services like doctors or hospitals. When Medicaid pays for HCBS, it helps someone with a disability live in their community. Some of those services are your job coach, transportation and direct support professional that help you do things in your home.

When people get long term services and supports (LTSS) in their community it is called home and community based services (HCBS).

What does the HCBS rule do?

It gives people rights and it makes providers follow rules. If a provider does not follow the rules, they cannot get HCBS money.

The Rule says you have the right to:

- Live in the community with people without disabilities**
- Make choices**
- Have respect and privacy**
- Independence**

Community Living

You have the right to live in the community and go to places. You have the right to try to get the same kinds of jobs as people without disabilities. You have the right to decide how to spend your money and your free time. You have the right to get healthcare services in the community.



"I work at Wendy's. I decide what I spend my money on. I like to shop at Hobby Lobby and make jewelry and key-chains. My boss lets me cook the fries when it gets busy!"- Ruth

"I use to live in an institution, my rights were taken away. Now I live in a house and work at a grocery store. Everyone knows me and says Hi to me! I do a good job."- Roy



INDIVIDUAL RIGHTS

The Rule gives you the right to respect and privacy. You have the right to decide what your day looks like and how you want to spend your time. You get to decide where you want to go. Providers can't force you to do something you don't want to do, like making you go to bed at a certain time. You can always have visitors. Your friends, family, boyfriend/girlfriend, or anyone else you want can visit.



“Living in the community allows me to attend church. I do not have any living family so my church family is my family. That is important to me.”-Lee

“I feel good when I have my hair and nails done. I like having my own room and privacy to talk on my cell phone.”-Heather



Choices

The HCBS rule gives you the right to choose where you live. The rule says you need to have choices. You can choose to live with other people or not. You have the right to choose which provider gives you services. You have the right to make your own choices about your life, big and small.



“My nieces and nephews are very important to me. They get to come to my home and visit. I sing in the choir and enjoy being around my friends daily. I really like where I live and hope to have a job in the community one day.”-Leslie

“I like to play in Special Olympics, swimming, shopping, playing games with my roommates, going to the library to pick out books and my DSP makes sure I get to do things I like.” -Shelby



INDEPENDENCE

Independence means that you are in charge of making decisions about your life and what you want to do.



“I live in my own house and pay my own bills. I have a DSP that takes me to get groceries, to doctor appointments, or anywhere I need to go. I have a tablet and a Iphone. They allow me to keep in touch with family and friends on Facebook and FaceTime calls.”-Jaylene

“I live in a house with 3 other roommates. I like to do and sell crafts. I like to go places. I get up every morning with the help of my DSP. They help me dress, prepare meals, brush my teeth, help me wash my face and put my hair up. I choose to stay at home or go to the day center. I would like to become a certified peer support specialist because I love helping people. I do not let anything get me down. I just keep pushing foward.”-Alicia



Resources to Learn More

1.Home and Community Based Services:

<http://www.medicaid.gov/HCBS>

2.Mississippi Council On Developmental Disabilities

<http://www.msccd.org/>

3.Autistic Self Advocacy Network

<https://autisticadvocacy.org/>

4.The Arc of Missississippi

<http://www.arcms.org>

This project was supported, in part by grant number 1801MSBSDD, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.